Instructions: Forms of Energy

1. Print, cut, laminate, and trim the Information/Definition/Title Cards, Picture Cards, and Control Charts. Control Chart #2 prints on 8½ x 14" legal paper

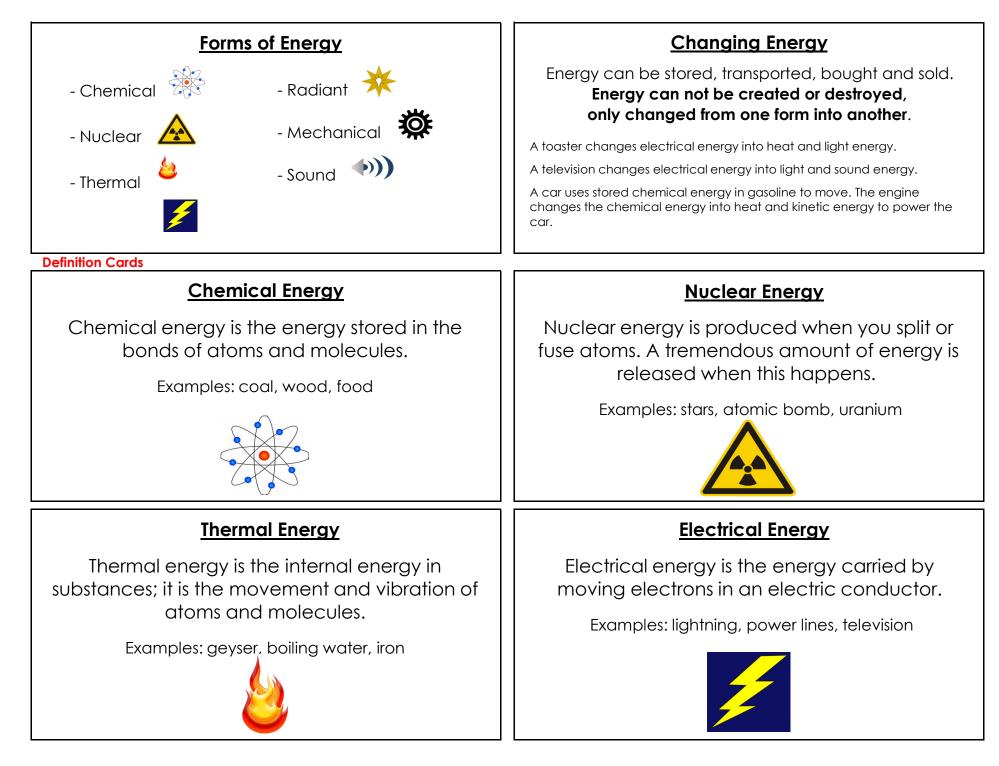
- 2. To make a set of 3-part cards from the picture cards; print two sets of cards, keep the labels attached to 1 set, cut the labels off the
- second set. Learn how to prepare 3-part cards here: http://www.montessoriprintshop.com/Prepare_3-Part_Cards.html
- **3.** Use the Information Cards to introduce the basic concepts of energy.
- 4. Explore the concept of Kinetic and Potential Energy. Use the Kinetic & Potential Energy Picture Cards to classify and discuss the difference between the two.
- 5. Use the Definition Cards to explain each form of energy in this set.
- 6. Lay out the Title Cards and show the children how to classify the Picture Cards for each form of energy under the appropriate Title Cards. The Control Chart can be used to check if the sorting/classifying is correct.

7 6

7. Discuss how energy is changed using the "Bicycle Ride" example. Have the children explain (using another activity) how energy is changed.

Information Cards

Energy	Two Types of Energy
Energy is the ability to do work. Work is moving something against a force, like gravity.	There are two types of energy: Kinetic and Potential.
Energy makes change possible. There are a lot of different kinds of energy in the universe, and that energy can do different things. Energy is light, heat, and energy makes things grow. Energy makes things run, and also makes things move.	Kinetic energy is energy in motion. It is the motion of waves, atoms, electrons, molecules and substances.Potential energy is stored energy and the energy of position.
Potential energy is the energy that an object has the possibility of producing. It can be thought of as "stored energy". <u>Examples</u> apples on a tree compressed spring drawn bow	<u>Kinetic Energy</u> Kinetic energy is the energy of a moving object. <u>Examples</u> airplane flying ball bouncing swimming



Radiant Energy

Radiant energy is the form of energy related to the movement of light, electromagnetic waves, or particles.

Examples: sun, light bulb, microwave



Sound Energy

Sound energy is the energy generated by sound vibrations as they travel through a medium.

Examples: whisper, echolocation, music

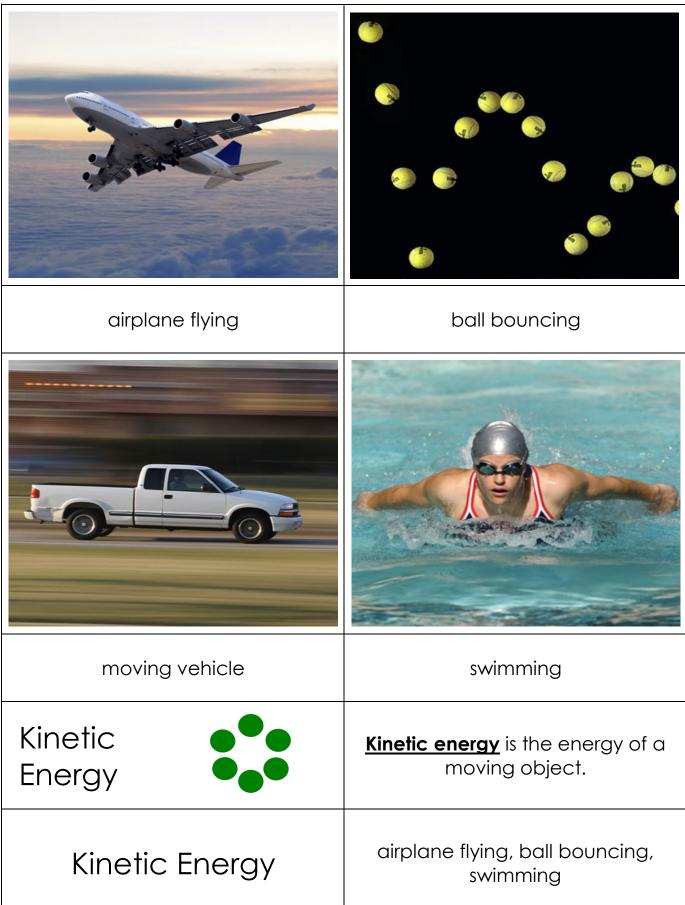
Mechanical Energy

Mechanical energy is the energy that is possessed by an object due to its motion or due to its position.

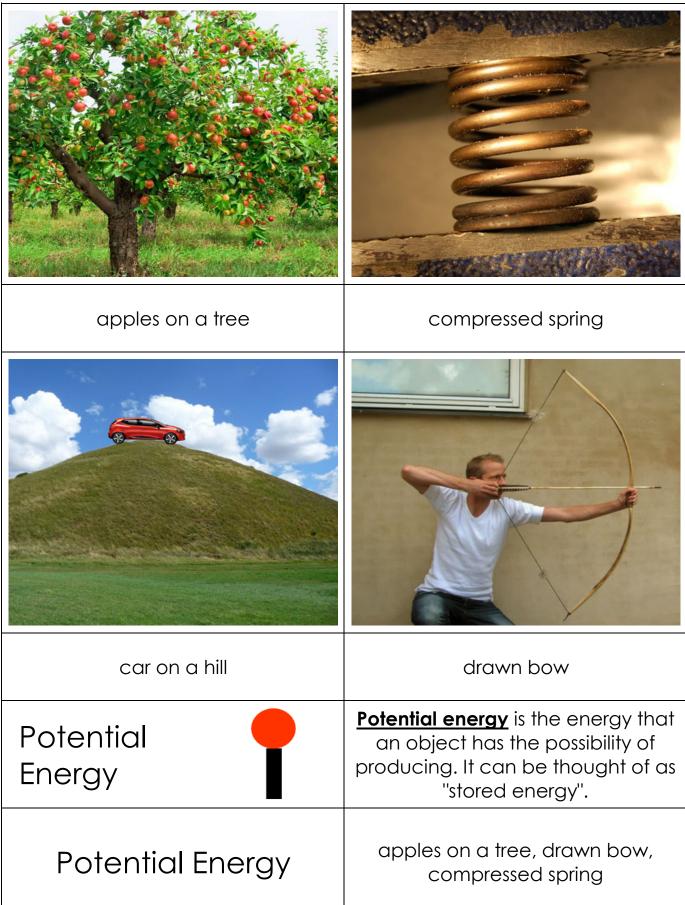
Examples: water, car, windmill



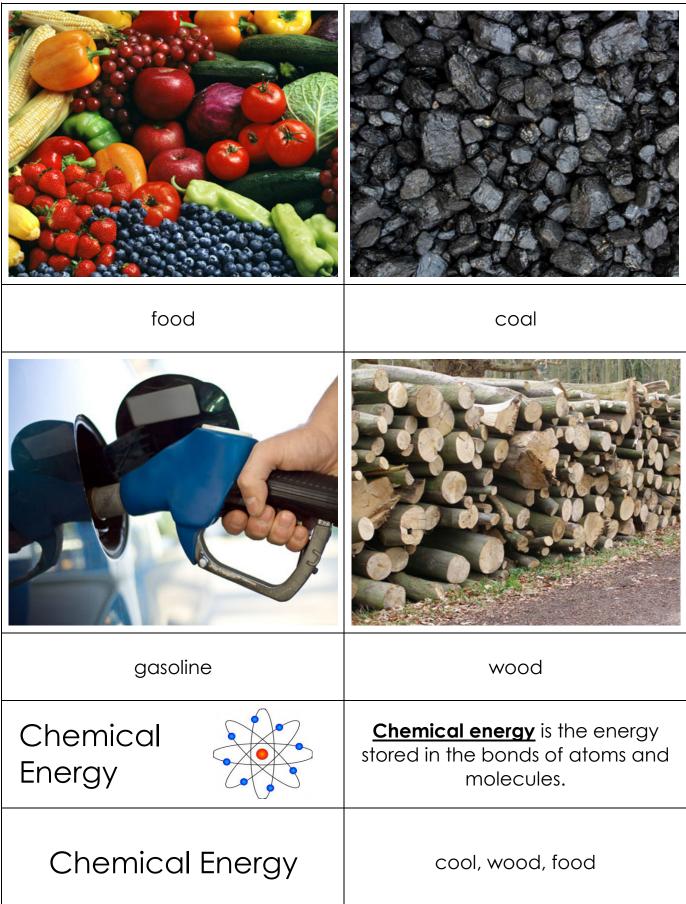
Kinetic Energy



Potential Energy



Chemical Energy



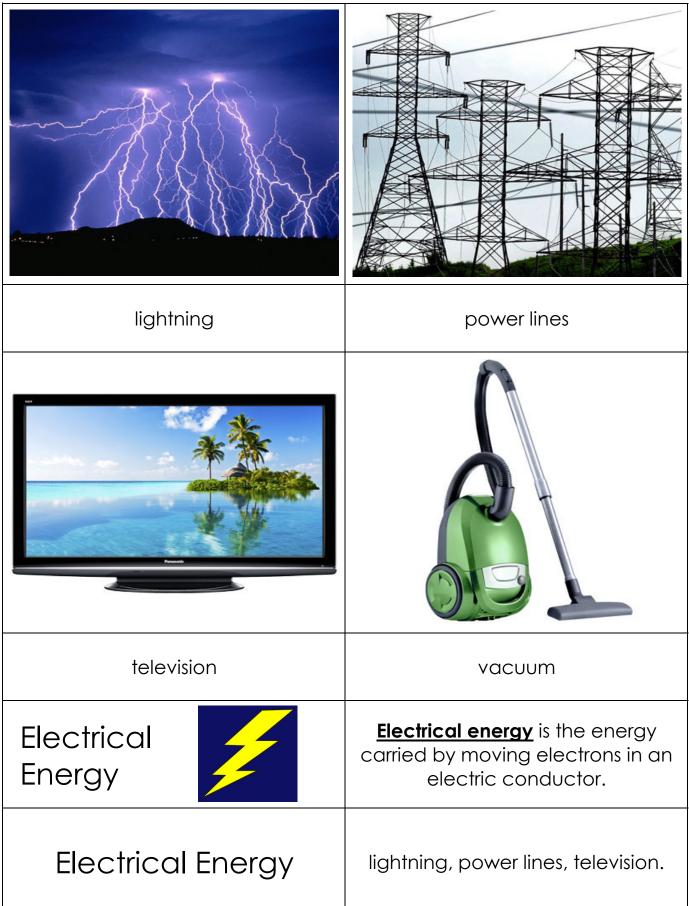
Radiant Energy

light bulb	x-ray
sun	microwave
Radiant Energy	Radiant energy is the form of energy related to the movement of light, electromagnetic waves, or particles.
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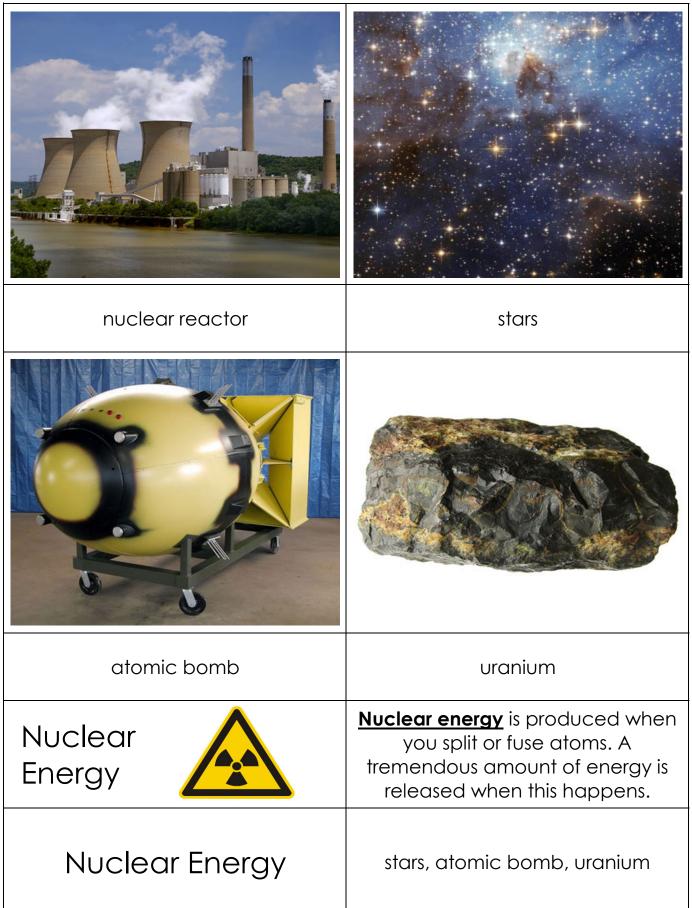
Thermal Energy



Electrical Energy



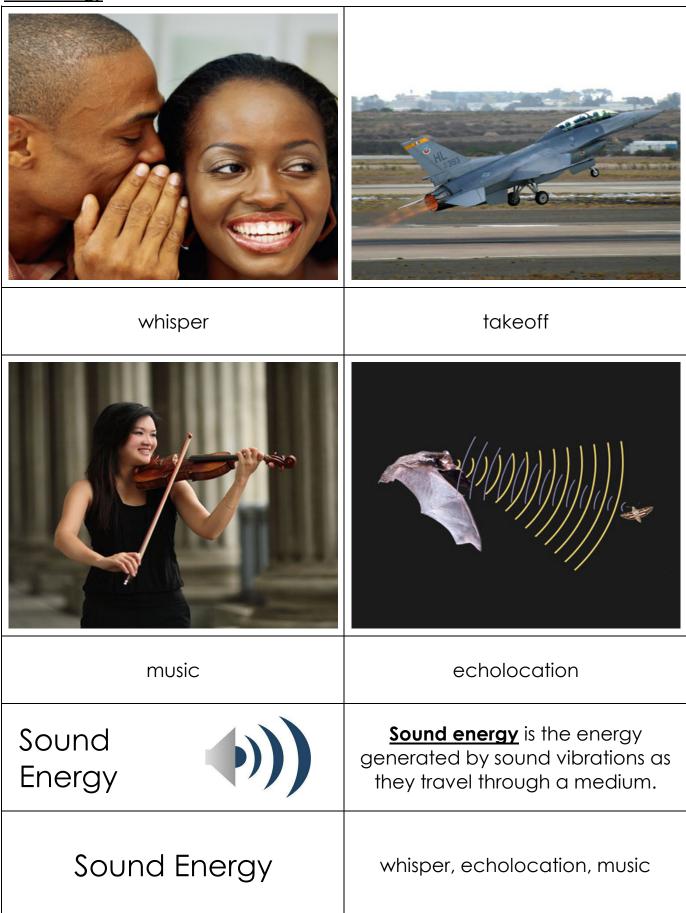
Nuclear Energy



Mechanical Energy



Sound Energy



Forms of Energy

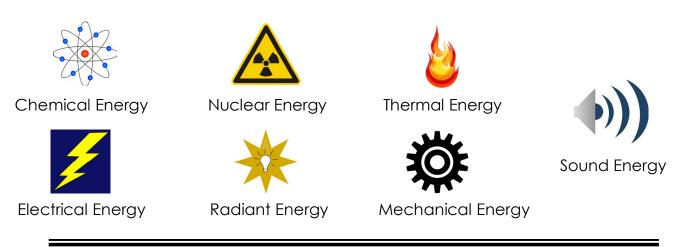
Energy is the ability to do work. Work is moving something against a force, like gravity.

Modern civilization is possible because we have learned how to capture energy in various forms, and change energy from one form to another. We use energy to do work for us and to allow us to live more comfortably.

There are **2 types of energy**: kinetic energy (which is energy in motion) and potential energy (stored energy).

Energy can not be created or destroyed, only changed from one form into another. There will always be the same amount of energy in the world, but more and more of it will be changed into heat. Most of that heat will go into the air. It will still be there - but it will be hard to use.

There are many forms of energy:



Use the cards included to complete the following:

- 1. Describe what energy is.
- 2. Understand the difference between kinetic and potential energy.
- 3. Describe the basic principle of each form of energy.
- 4. Give examples of each form of energy.
- 5. Categorize the picture cards in to each form of energy.
- 6. Work through the process of how energy is changed from one form to another using the example of someone riding a bicycle.
- 7. Describe how energy is changed from one form to another using a new example from your real life.

Energy can not be created or destroyed, only changed from one form into another.



1. Before going on a bike ride you eat your lunch (sandwich, apple, milk). This gives your body **chemical energy**.

2. When you ride your bike, your muscles change your **chemical energy into kinetic energy**, and this makes your bike move.

3. As your bike moves along the road, the friction of your tires on the road transforms the **kinetic energy into sound energy and thermal energy**.

4. If you apply the breaks, the **kinetic energy is transformed into thermal energy** and the wheels on the bike will become warmer.

5. If someone gets in your way on the path, you might ring your bell to warn them you're coming. You use **kinetic energy to ring the bell, which then turns into sound energy**.

6. If you're riding at night you need to have lights on your bike. These lights use batteries to power them. The batteries have **chemical energy which is turned into electrical energy, which in turn creates light energy**.

7. Cycling up a hill means you have to pedal very hard. While pedaling, you are giving your bike **potential energy**.

8. It's easy to go down the hill as the gravitational potential energy that you gained going uphill is converted to kinetic energy on your way down.

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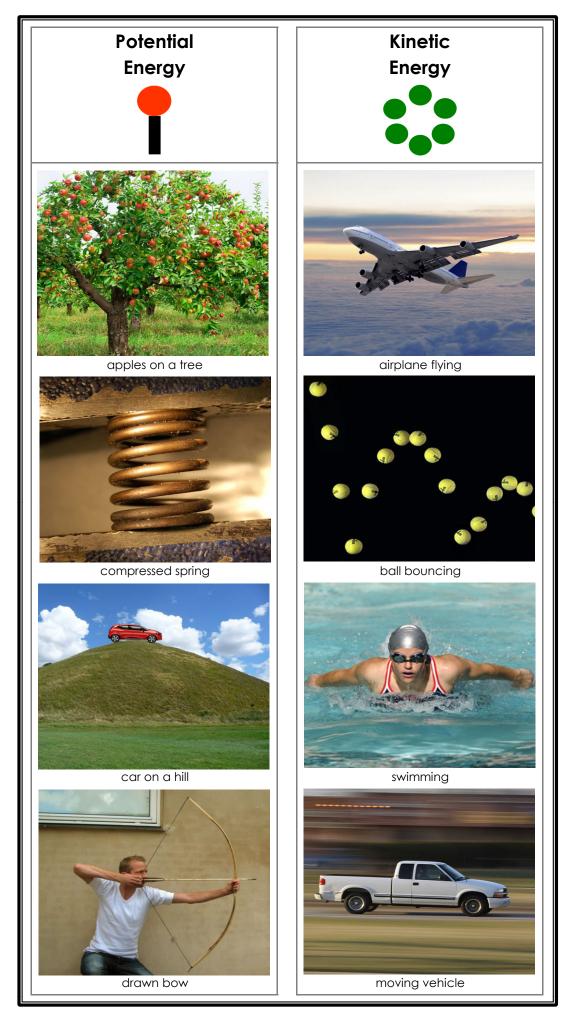
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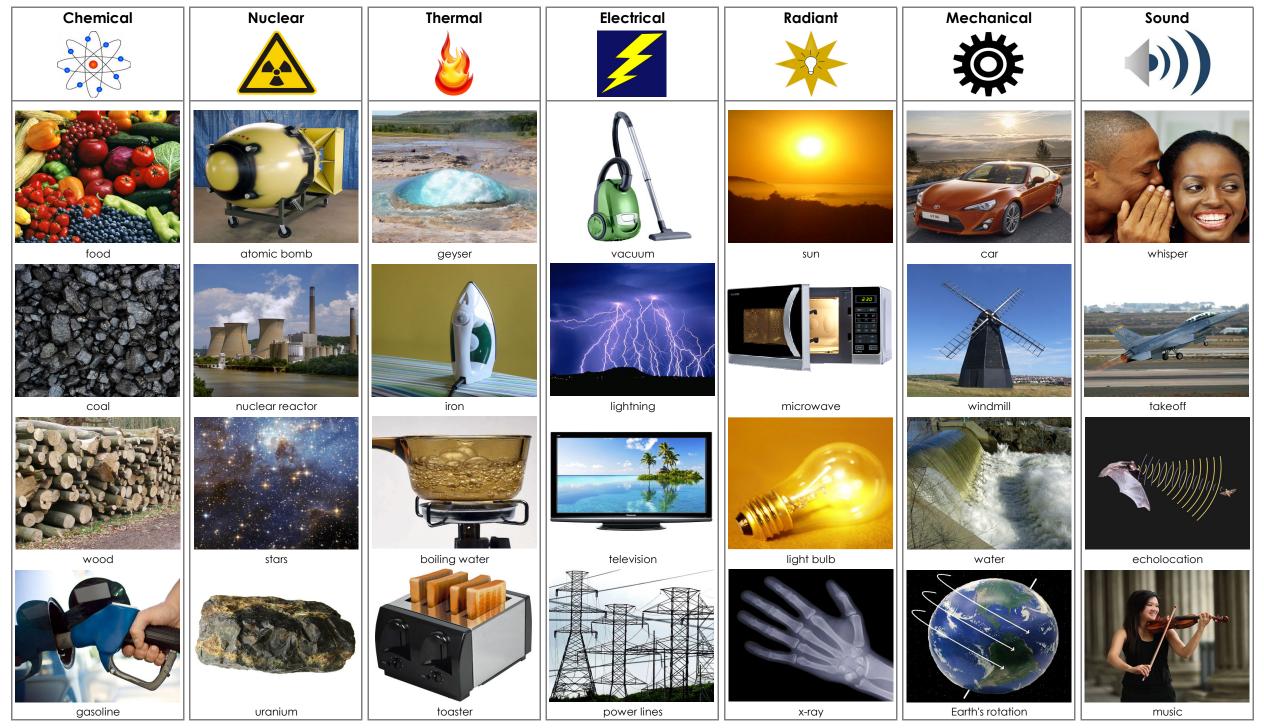
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